

Any questions or comments?

The space below is for you to record any questions or concerns you want to discuss with your health care team.

For further information visit www.diabetes.org.uk

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With acknowledgment to Diabetes in Pregnancy Advisory Group

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Metformin Treatment In Pregnancy



A Safe Choice for Mothers with Diabetes

Glucose levels can be improved by eating a healthy diet and being more active. For some women however, these changes may not be enough and medication will be required.

Evidence shows that metformin is **safe** and **effective** to use in pregnancy for the mother and her unborn baby.

Metformin can be used on its own and may reduce the chances of some women requiring insulin. However, some women may require metformin and insulin, but the amount of insulin needed may be lower.

The use of metformin in pregnancy is recommended by UK national guidelines. (NICE 2015)

Useful website

www.nice.org.uk/guidance

Clinical Guideline NG3 Diabetes in Pregnancy

