

PRINTER: Cut sheet on dotted line exactly (at 61)

Information Sharing

Some of the information in these notes, about you and your baby will be recorded electronically. This is to help your health professionals provide the best possible care.

The National Health Service (NHS) also wishes to collect some of this information about you and your baby, to help it to:

- monitor health trends
- increase our understanding of adverse outcomes
- strive towards the highest standards
- make recommendations for improving maternity care

The NHS has very strict confidentiality and data security procedures in place to ensure that personal information is not given to unauthorised persons. The data is recorded and identified by NHS number, and your name and address is removed to safeguard confidentiality. Other information such as date of birth and postcode are included to help understand the influences of age and geography. In some cases, details of the care are looked at by independent experts working for the NHS, as part of special investigations ('confidential enquiries'), but only after the records have been completely anonymised. While it is important to collect data to improve the standard and quality of the care of all mothers and babies, you can 'opt out' and have information about you or your baby excluded. This will not in any way affect the standard of care you receive. For further details, please ask your lead professional (see page 1) and/or visit www.preg.info/consent

However your information may be shared with other agencies such as safeguarding teams or children centres, where the midwife believes or suspects, that you or your child is suffering or likely to suffer significant harm.

Data collection and record keeping discussed Date Signed*

Seasonal Flu

Pregnant women are more at risk from seasonal flu; it is recommended you should have the seasonal flu vaccine. It is safe to have at any stage in pregnancy. Your midwife will advise you where you can get the vaccine locally.

If you decline the vaccine and develop flu- like symptoms, you must seek medical advice urgently as you may need treatment.

Seasonal flu discussed No Yes Agrees flu vaccine No Yes If no, reason declined

Flu vaccine given No Yes Date given Given by whom

Antiviral medication Medication Dose Duration of course Signed*

Blood products

Blood or blood products are only ever prescribed in specific medical conditions and a decision to decline them should only be made after you have considered all the issues involved. Your wishes will always be respected; it is important you discuss your wishes with your midwife and doctor so that an individualised plan of care can be made.

Treatment discussed No Yes

Agrees to receiving blood or blood products No Yes

Agrees to baby receiving blood or blood products No Yes

Management plan initiated No Yes

Date Signed*

Important symptoms Care provider should sign, following discussion with mother

Most pregnancy symptoms are normal, however, it is important to be aware that certain symptoms might suggest the possibility of serious pregnancy complications. The ticked boxes indicate which topics have been explained to you. (For further details see pages 12 and 14 or www.preg.info for more information). Contact your midwife or maternity unit **immediately** if any of these occur:

Symptom or complaint	Further advice / Comments	Signature*/Date
Abdominal (stomach) pains <input type="checkbox"/>		
Vaginal bleeding <input type="checkbox"/>		
Membranes (waters) breaking early <input type="checkbox"/>		
Severe headaches <input type="checkbox"/>		
Blurred vision <input type="checkbox"/>		
Persistent itching <input type="checkbox"/>		
Changed or reduced fetal movements <input type="checkbox"/>		

Name

Unit No

Pregnancy Assessment

Dates LMP = Last Menstrual Period (first day) EDD = Expected Date of Delivery

LMP

EDD

Agreed EDD

This date is used to determine the best time for the dating scan

Best calculated from dating scan (if done before 22 weeks)

To be entered also on pages 1 & 21, and in the customised growth chart programme

Special points for screening

Anomaly leaflet

Risk Assessment

It is important to reassess your individual circumstances throughout the pregnancy as it may mean a change to your plan of care. Your care providers can record these below.

	Booking assessment		Second assessment		Referral required		To
	No	Yes	No	Yes	No	Yes	
Gestation							
Medical factors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Obstetric factors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
VTE assessment performed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
VTE pathway initiated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Asprin required	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
OGTT booked	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mental health factors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Social factors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CAF commenced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Management Plan updated							
Signature*							
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/>		<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/>				

Pregnancy Planner

During your pregnancy you will be offered regular appointments with a midwife, GP or Obstetrician. They check that you and your baby are well, give you support and information about pregnancy to help you make informed choices. How often these are, varies from woman to woman, and the frequency may need to be adjusted if your circumstances change during the pregnancy. After each of your appointments, it is important you know when your next one is, where it will take place and who it is with.

Up to 20 weeks			From 20 weeks		
The aim of early visits is to record details about you and your pregnancy which are relevant for your care, give you information about your choices for antenatal screening, discuss healthy lifestyles and assess which additional services you might need to be offered.			Visits in the second half of pregnancy aim to monitor your health and to check that your baby is well and growing as expected. Also, they provide continuing opportunities to discuss expectations and options for childbirth, and to prepare for motherhood.		
Pregnancy week	With whom		Pregnancy week	With whom	
Booking			Blood tests		
Dating scan					
Blood tests			Antenatal visits		
Anomaly scan					
Antenatal visits					
			Infant feeding		

VTE - Venous Thrombo- Embolism OGTT -oral glucose tolerance test
 CAF - Common assessment framework GP - General Practitioner

* Signatures must be listed on page 26 for identification

Name

Unit No